



Lions Clubs International

Lions Family Cub Program Activity Guide



"Children are great imitators. So give them something great to imitate."

Congratulations

on forming a Lions Family Cub Program for your club!

This special program just for kids will teach them the joys of volunteering and guide them to a lifelong dedication to helping those in need.

This guide contains suggestions for integrating Cubs into your club and is filled with activities for meetings, fundraisers and service projects.

You have an amazing opportunity ahead of you to help shape these young people's vision of what it means to be a responsible adult. Cubs are the future Leos and Lions of our association.

How the Program Works

Lion Cubs are children of Lions club members in a Family Lions club. The Family Cub Program Activity Guide divides Cubs into three age groups:

- Age 3 and under
- Age 4-7
- Age 8-12

Each activity, whether for a meeting, fundraiser or service project, has step-by step instructions, a material list and an indicator of the amount of supervision needed. There will be some activities that are appropriate for all age groups (with some adaptations) and others that are more suited to a specific age group.

Keys to Success

Planning

Careful planning of your Cub program will be the biggest key to its success. There are many suggestions in this guide. Use it to structure your program so that it best meets your particular situation.

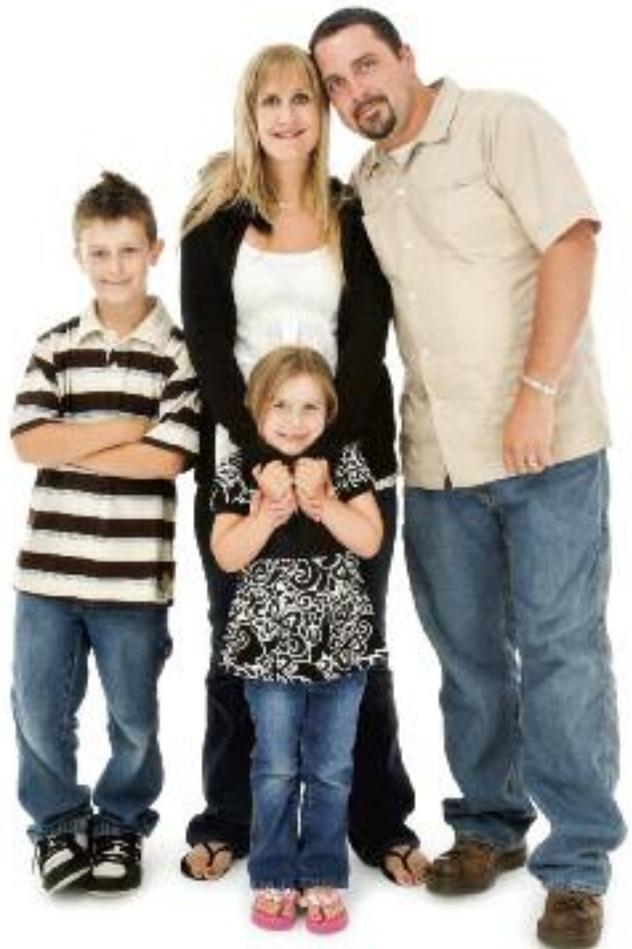
Supervision

The Cubs will need to be supervised both during meetings and public outings. Be sure to have adequate supervision for the size of your group. Younger children will require a higher adult-to-child ratio. If you are designating older children to help supervise during meetings, set your expectations with them. When traveling outside the meeting space, whether on a field trip or during a service activity or fundraiser, make sure that those supervising clearly understand that the Cubs are his/her responsibility.

Important Notes

Proper Supervision: Make sure that your Cubs are adequately supervised at all times. Never leave Cubs alone with one adult, unless that adult is the Cub's parent. There should always be at least three people together.

Permission Slips: If a parent is unable to accompany his/her child on a Cub outing or activity, have him/her sign a permission slip. A reproducible copy is included in this guide.



Expectations

Set expectations for behavior with your Cubs during your first meeting. Children thrive when they completely understand what is expected of them – both in terms of behavior and commitment to the activity.

Consider having the Cubs participate in the decision-making regarding expectations during the first meeting. Children often respond very well to boundaries that they have helped to set. To do this activity, use a dry erase board or large paper pad to record their suggestions and create a list. Then, make clear what happens if they do not follow the rules for the group. Be sure to be consistent regarding the Cubs behavior – praise them for a job well done and institute consequences if they do not follow the rules.

Responsibility

An important component of the program's success is giving participants the appropriate level of responsibility. If you don't give children age appropriate activities, they will become bored and uninterested in volunteering. On the other hand, if they are given too much responsibility, the experience may end in frustration.

Kids that are given the appropriate level of responsibility will learn, grow and thrive. You want to inspire and motivate them, as well as show them how fun helping those in need can be. Striking the right balance in the amount of responsibility you give to your Cubs will go a long way in making your program a success.

Following is a guideline of age-appropriate activities for children. For additional ideas, consider asking the children for fundraiser and service event suggestions. However, you should take individual personalities and maturity into consideration.

Cubs Age 3 and Under

Toddlers tend to be very eager to help with chores; however, their way of "helping" may not always be much help. The most important factor with kids this age is not to crush their enthusiasm for wanting to help by becoming frustrated if their help creates set backs for you. Be sure to praise kids for their efforts. This is an important period in their development where you can lay the groundwork to help them understand that pitching in is a part of life.

Tasks that children age 3 and under can help with include:

- Picking up items
- Sorting items



- Making simple decisions when given a choice between two things
- Drawing and making simple gifts for other people
- Carrying items from one place to another
- Setting a table
- Learning to share
- Conducting simple routines

Cubs Age 4-7

Children in this age bracket are developing a desire to become independent. They may or may not still possess enthusiasm for helping. Give them more of an opportunity to make decisions and perform tasks independently. Be sure to continue praising them for a job well done!

Tasks that children age 4-7 can help with include:

- Carrying in the flag
- Leading the pledge
- Preparing meals
- Setting the table
- Taking out trash
- Following a schedule
- Sharing with others
- Helping with yard work
- Making more complicated decisions
- Assisting younger children
- Greeting and helping with registration at events

Cubs Age 8-12

Kids in this age group can handle increasing responsibility. They thrive with continuity and appreciate knowing what to expect. At this age, it is good for children to understand that just as there is praise for doing something well, there are also consequences when they don't complete their responsibilities.

Tasks that children age 8-12 can help with include:

- Helping supervise younger children
- Conducting simple money transactions
- Preparing meals
- Leading others
- Making decisions
- Planning projects

Motivation

For most Cubs, the desire to do a job well and help those in need will be motivation enough. Your enthusiasm, as well as consistently praising the Cubs for their participation, will help keep the group positive.

However, there are children that respond more favorably to visual praise. If your group members need this extra motivation, you could try creating a participation sticker chart. For the younger members, it can be as simple as awarding stickers when praise is merited. For the older kids, logging time spent helping those in need on a chart would be a nice visual representation of the impact they are having in others' lives.

Making Connections

Helping children connect their experiences to their own lives increases their ability to retain and understand what is learned and cultivate empathy. Whenever appropriate, ask them how an activity made them feel or if they have a connection to what they are experiencing. Some of the answers you receive may seem a bit off-topic, but let him/her explain. If the connection is there for him/her, then your goal has been met.

Materials

Each activity lists the materials needed, however, there are some staples that will be used quite often and you should have on hand, including:

- Paper
- Pencils
- Pens
- Crayons
- Markers
- Large pad of paper or dry erase board
- Dry erase markers

It is also a good idea to have some basic toys available for the younger Cubs whose attention spans are shorter than the older kids. Consider items such as:

- Assortment of books
- Blocks or building toys
- Puzzles
- Coloring books or puzzle books

You can also ask Lions club members to donate items for arts and crafts activities. Items that you will use often include:

- Glue and glue sticks
- Wooden craft sticks
- Stickers
- Yarn
- Paint pens
- Medium to large sized beads
- Paper plates
- Brown paper bags
- Glitter glue



Meeting Activities

Most activities are designed (with appropriate adaptations) for all ages and some are more suited to a specific age group. You will be able to determine what activities your Cubs will respond to best. Feel free to customize the activities to fit the needs and realities of your Cub group. There may be activities that your Cubs respond to that you will end up spending more time doing. Others might not work as well for your group. Make feedback notes regarding these activities for next time.

Keep in mind that younger Cubs will have much shorter attention spans than the older ones. Have additional activities ready to keep them busy so they don't distract the others.

Who Am I?

Age Group: Cubs age 4-7

Materials:

Paper
Pens

Time Needed: 20-30 minutes

Supervision: One adult to explain activity; others as needed

Have Cubs write a fact about themselves on a piece of paper and fold it up. Put the paper strips in a basket and go around the room letting each Cub draw one and read it. The others have to guess who the clue is about. If no one guesses correctly, the person who wrote the clue stands up. Older Cubs or adults will need to help the younger ones with writing and reading the clues.

Helping Others

Age group: All

Materials:

Paper, cut to fit a wooden stick frame
Writing utensils
Crayons and markers
Stickers
Wooden craft sticks
Glue
Yarn



Time: 20 minutes

Supervision: One adult to facilitate discussion; others to help with project

Talk to the Cubs about helping others. Remind them that Lions help people in their communities and also around the world.

Begin a discussion with the Cubs about how they help others. It might be at school, home or with their friends. All of the Cubs can participate. Ask them how they intend to be helpful during the upcoming week. Have them write down a list of at least three ways they will help someone this week.

Have them decorate the list so they can post it at home where everyone can see what they want to accomplish.

Help younger kids with this activity. They can draw a picture of themselves helping someone, or dictate their ideas of helping people to an older child or the activity supervisor.

Optional: Have the kids make frames out of wooden craft sticks. Glue their decorated lists or pictures to the frames and make a yarn hanger.

What is a Lion?

Age group: All

Materials:

Paper
Writing utensils
Crayons

Time: 20 minutes

Supervision: One adult to facilitate discussion

The group leader should read the informational paragraph about Lions Clubs International. Afterwards, he/she should help the cubs with their age-appropriate activities.

Lions are men and women who help people in need in their local and world communities. For more than 90 years, Lions have served wherever need exists. The association was founded by a man named Melvin Jones in Chicago, Illinois in 1917. Mr. Jones felt that volunteering your time to serve those in need was an important responsibility, so he created Lions clubs to give people opportunities to volunteer. Helping the blind became the Lions primary service objective after Helen Keller, who was both blind and deaf, challenged the Lions to become "knights of the blind" during their international convention in 1925.

Lions are involved in helping the blind and so much more. They volunteer their time to enhance their communities, improving the lives of children, adults and senior citizens. They help Special Olympics athletes and people with diabetes. They also work with other groups, such as Habitat for Humanity, to build houses for those in need.

Our Lions club helps our community by (insert a few activities). We've been around for (insert number) years, and with your help, and the help of your parents, we will be around for many more.

After reading the passage, ask the Cubs:

- If they have any questions about Lions clubs
- What Lions do
- Why do they think people volunteer

Independent Activities:

Activity for Cubs age 3 and under: Color Lions logo using reproducible coloring page, available on page 29.

Activity for Cubs age 4-7: Draw a picture of Lions helping someone in need

Activity for Cubs age 8-12: Write a few sentences about how you want to help people

Optional: Have a few of the Cubs present their artwork or paragraphs to the entire club.

All About Me

Age Group: Cubs age 4-8

Materials:

Paper
Markers

Time Needed: 20-30 minutes

Supervision: One adult to explain activity; others as needed

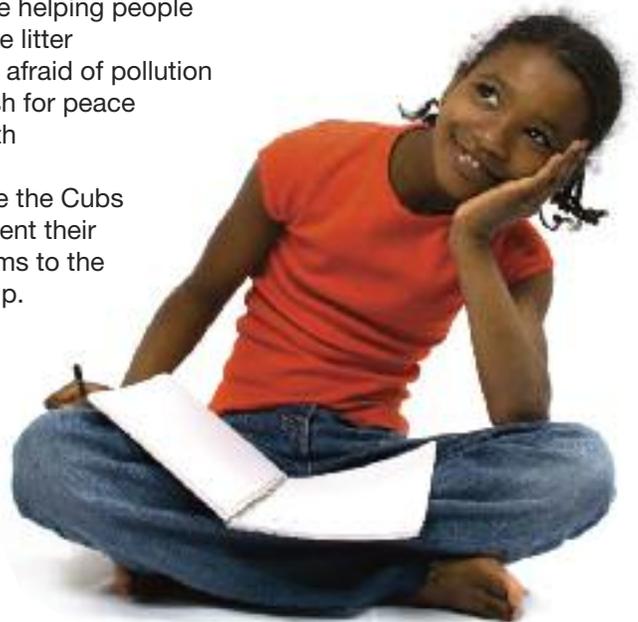
Explain that this activity will give the Cubs a chance to know each other better – by creating autobiographical poems. The poems are structured like this:

- 1) First name
- 2) Three words that describe yourself
- 3) Something you love
- 4) Something you hate
- 5) Something you fear
- 6) Something you wish for
- 7) Last name

Example:

Jane
Funny, caring, smart
I love helping people
I hate litter
I am afraid of pollution
I wish for peace
Smith

Have the Cubs present their poems to the group.



Learning about Blindness

Age group: Cubs age 4-12

Materials:

Blindfolds
Plates
Forks
Snack
Assorted objects

Time: 20 minutes

Supervision: One adult; older Cubs can help younger ones

Begin by asking the Cubs what they know about blindness, and then read the following:

Blindness is the inability to see. According to the World Health Organization, there are more than 45 million blind people and 135 visually impaired people in the world. Most of those people – 90 % – live in developing countries. Developing countries are countries that do not have modern resources, such as water, gas and electrical service and residents generally have a low standard of living.

Have you ever thought what it would be like to be blind? How do you think it would feel?

Have the Cubs break into small groups, mixing the ages so there are older kids in with the group to supervise younger kids.

Have some of the Cubs wear blindfolds so they can't see. They can try three activities:

- 1) Put a snack on a plate at the table. Put spoons and forks into a brown paper bag. Have the "blind" Cub pick out a fork from the bag by feeling for the right one. He/she can now eat a snack with the blindfold on.
- 2) Have a blindfolded Cub choose an object out of a bag. See if he/she can figure out what it is by using his/her other senses. If he/she is having difficulty, have them ask his/her partner questions about the object until he/she can correctly guess what it is.
- 3) Have the children guide each other around the room – one blindfolded and the other overseeing.

Have the other kids that aren't blindfolded help the "blind" Cubs with their tasks. Then, they can take a turn.



When the activity is finished, ask the Cubs:

- How they felt being blind
- How would they adapt if they were blind
- How they think they could help those who can't see

My Community, Part 1

Age group: All (with parental supervision)

Materials:

None

Time Needed: Field trip

Supervision: Enough adults to adequately supervise the number of Cubs in attendance

Learning about their community will help Cubs gain an understanding of how important it is to help those in need where they live. The activities in this section will culminate in the Cubs planning, organizing and conducting their own service activity.

Begin by arranging a field trip to your community's village hall. Ask for a tour so your Cubs can learn more about your community and perhaps even meet the mayor or village administrator. Take pictures of the Cubs asking questions and interacting with others.

Option: You may consider a group of field trips to different places in your community that are in need of assistance, such as a soup kitchen, homeless shelter or animal shelter.

My Community, Part 2

Age group: All (with proper supervision)

Materials:

Dry erase board or large pad of paper
Dry erase markers or regular markers

Time Needed: 20 minutes

Supervision: One adult to facilitate discussion

Begin by talking to the Cubs about their field trip. What did they learn about their community? Write answers on the board or pad. Then ask what they like about their community, including their schools. Make a list.

Next, talk about things that they'd like to change in their community. If they aren't forthcoming with information, ask questions such as:

- Are the parks clean?
- Do you see stray animals running around? Does our town have an animal shelter?
- Is there a food kitchen or homeless shelter in town?
- Is there a senior living community in town?
- Do you think any of these places might be in need of help?

Ask the kids to think of ways they might be able to help their communities. Tell them you'll be discussing it at the next meeting.

My Community, Part 3

Age group: All

Materials:

Dry erase board or large pad of paper
Dry erase markers or regular markers
Paper
Pencils

Time Needed: 20 minutes

Supervision: One adult to facilitate discussion; older kids to lead groups

Break the Cubs into groups. Ask them to brainstorm ideas for helping out in their community. The activity should be completely their own, not one already done by your Lions club.

After 10 minutes or so, have the groups share their ideas. Write them down on the dry erase board or pad.

If the Cubs are having a tough time developing their own ideas, facilitate their individual brainstorming session or group session by asking questions, or making suggestions for some service activities they could try, such as:

- Help at an animal shelter
- Plant trees or perennials in parks
- Clean up trash at a park
- Visit a senior center and visit with the residents
- Bake cookies and deliver them to senior citizens
- Set up a children's story time at the library
- Organize a book swap at a school or library
- Help at a soup kitchen
- Make food baskets for needy people



Once the group has made a list, let them vote to decide which one they want to do. The other ideas can be saved for another time.

Then, select a leadership team from the older Cubs who will help plan, organize and run the activity. Giving the older Cubs this responsibility will go a long way in helping them feel important.

My Community, Part 4

Age group: All

Materials:

Dry erase board or large pad of paper
Dry erase markers or regular markers
Paper
Pencils

Time Needed: 20 minutes

Supervision: One adult to facilitate discussion;
Cub leadership team

Once you've decided what activity the Cubs will do, they will need to develop a plan for getting the job done. Guide them as they figure out:

- How much time is needed to complete the activity
- What materials are needed
- If any funds are needed
- How many people are needed

When the plan is completed, have the Cubs present the idea to the club. The Cubs and Lions can then work together to make the project a reality. During the project, take pictures of the Cubs doing service.

My Community, Part 5

Age Group: All

Materials:

Special treat

When you've successfully completed your activity...celebrate! Bring a special treat to the meeting. Have the Cubs talk about how completing the activity made them feel. Take notes about what you might want to change or remember for next time.

Be sure to have the Lions congratulate the Cubs on a job well done!



Celebrating the Cub's efforts in planning, organizing, leading and completing a service activity is a must each time they successfully help those in need. It will keep them motivated and excited about the next project they plan.

Brightening Days

Age Group: All; with assistance for younger children

Materials:

Construction paper
Glue stick
Scissors
Crayons and markers
Other craft items, as needed (glitter, pom-poms, doilies, puffy paint, etc.)

Time Needed: 20-30 minutes

Supervision: One adult and older Cubs

This is a simple and fun activity for the Cubs that will have a big impact on the recipients!

Contact a hospital or senior home to find out if they would like decorations for the patient or resident rooms.

Have the Cubs create seasonal decorations. Some ideas include:

- Paper-cut snowflakes for windows
- Valentines
- Flowers
- Birthday cards
- “Happy” pictures – smiling faces
- Get Well Soon signs
- Appropriate decorations for national holidays
- Seasonal pictures of landmarks in your town
- Pictures of favorite animals
- Holiday decorations

If possible, have the Cubs deliver the artwork to the recipients.

Special Visitors

Age group: All

Materials:
None

Time Needed: 15-20 minutes per project

Supervision: One adult to introduce guests and facilitate questions; others as needed

Invite people of interest to visit your Cubs and tell them about themselves. This is a wonderful opportunity for the Cubs to learn more about their community, as well as people in need. After the visitor gives his/her presentation, have time for questions and answers.

Ideas for guests include:

- Mayor or other community government representative
- Police officer or firefighter
- Soup kitchen volunteer
- Animal shelter director
- Person who has been helped by Lions
- Blind person
- Local Peace Poster Contest winner
- Lions club member

Giving Thanks

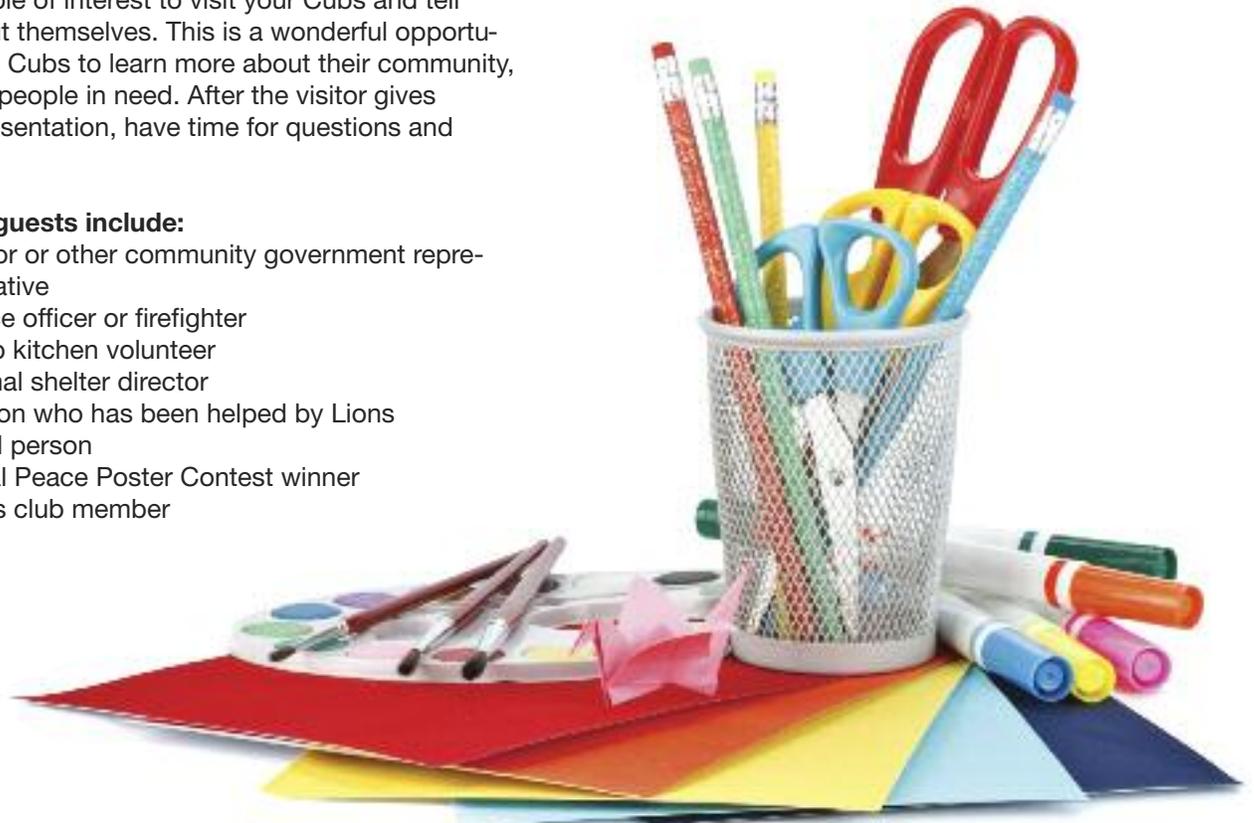
Age Group: All

Materials:
Construction paper
Markers
Glue stick

Time Needed: 20-30 minutes

Supervision: One adult to facilitate; others to help as needed

Appreciating and giving thanks for the good things in your life is very important. Teach your Cubs the value of giving thanks by completing this activity. Cut a large trunk out of brown construction paper. Cut leaf shapes out of other colored paper. Give each Cub three leaves. Ask them to write down something they are thankful for on each leaf. Mount the tree trunk on a wall or poster board. When the Cubs are finished with their leaves, have them come up to the tree one by one and say what they are thankful for while affixing their leaves to the trunk.





Our World, Part 1

Age group: All; with assistance for younger children

Materials:

Reproducible maps
List of Lions countries
Crayons or markers
Paper
Pens

Time Needed: 15-25 minutes

Supervision: On adult to facilitate project; others to supervise as needed

This activity will help Cubs understand that human needs reach beyond the borders of their community and extend throughout the world. It will also demonstrate how Lions help people all over the world and that they are a part of this wonderful organization.

Begin by reading the following:

You know that our Lions club helps people in our community by (insert project examples), but did you also know that Lions exist in nearly every country around the world? Did you know that there are men and women and boys and girls just like you helping those in need in Africa, Asia, Australia, South America and Europe? In fact, there are 1.3 million Lions in over 200 countries worldwide. To show you just how many countries have Lions clubs in them, we're going to try this activity.

Hand out copies of the map on page 20 and crayons. Adults and older Cubs can help younger ones fill in the map.

Read a list of some of the continents where Lions clubs exist. Help kids locate and color the continents in on the map. When you are finished, you can show them how big the reach of Lions clubs is and reinforce how special it is to be a part of this association that helps so many in need.

For the next meeting, ask the Cubs to research some needs people have in other countries. Ask them to bring a list of 2-3 needs or hardships they've found. (This is an activity that their parents can help them with.)

Our World, Part 2

Age group: All; with assistance for younger children

Materials:

Paper
Pens
Dry erase board or large paper pad
Dry erase markers or regular markers

Time Needed: 20-25 minutes

Supervision: One adult to facilitate; others as needed

Work with the Cubs to develop a way for them to help someone in need in a country other than their own.

Begin by asking the Cubs what kinds of needs or hardships they have learned about over the past week. Write these down. Brainstorm ways that they might be able to help out. Create a list.

Depending on which ones are feasible, give the Cubs a choice of 2-3 to vote on. This will be the service activity the Cubs will pursue. As with the community activity, assign older Cubs to lead the project and work with them to determine how to do it. Most likely, this will be a fundraising-type or donation-type activity.

Peace Poster Contest

Age Group: 11-13

Materials:

Peace Poster Contest Kit
Paper (between 13"x20" and 20"x24")
Scratch paper
Markers, colored pencils, chalk, pastels, etc.

Time Needed: 30-40 minutes, may take home

Supervision: One adult to explain activity; others as needed

The Peace Poster Contest, sponsored by Lions Clubs International, is a wonderful opportunity for youth to stress the importance of peace, tolerance and international understanding. The contest encourages young people, ages 11-13, to think about peace, creatively express what it means to them and to share their own unique visions with the world.

Begin by asking the Cubs what kinds of images come to mind when they think of the word "peace." Have the Cubs write down ideas on their own, then have everyone go around and share one or two of their ideas with the group.

Tell the Cubs about the Peace Poster Contest, the rules and the theme for that year. Explain that the winner will be chosen by the club to compete in the district competition and have the chance to advance on to the multiple district competition. That winner will move to the final international judging for the chance to be the international grand prize winner and receive US\$2,500, an engraved plaque and a trip to the award ceremony at Lions Day with the United Nations in New York City, USA. They also could be one of the 23 merit award winners to receive US\$500 and a certificate of achievement.



Give adequate time for the Cubs to work on their poster. If more time is needed, tell the Cubs they may take them home.

Optional: Show the Cubs Peace Poster examples, such as those found on the LCI Web site or from past contests conducted by your club.

Peace Poster Kit: The Peace Poster Contest Kit can be ordered through the Club Supplies Sales Department at Lions Clubs International. Cost is US\$9.95 each plus shipping, handling and applicable taxes. Fax your order to the Club Supplies Sales Department at (630) 571-0964 or e-mail clubsupplies@lionsclubs.org.

Questions regarding the contest should be directed to the Public Relations Department at Lions Clubs International. Call (630) 571-5466, ext. 358, or e-mail peacposter@lionsclubs.org.

Getting to Know You

Age Group: All

Materials:
None

Time Needed: 20 minutes

Supervision: One adult to explain activity; others as needed

This is a terrific icebreaker activity for one of the first meetings. Ask a few of the older Cubs to serve as leaders on a rotating basis. The leader picks a theme and the Cubs need to line up as quickly as possible in response to the theme. Some suggestions include:



- Alphabetical order
- Birthdays
- Shoe size
- Height
- Favorite color, animal, sport, etc.

Repeat this activity a few times with different leaders and different themes for lining up. This is a great way for the Cubs to get to know one another and learn new things about each other.

Our Lions Club, Part 1

Age Group: Cubs age 4-12

Materials:
Paper
Pens
Computer
Internet access
Scrapbooking supplies
Poster board

Time Needed: Two, 20-30 minute sessions

Supervision: One adult to facilitate

Begin by asking the Cubs what they know about their parent Lions club. Get them curious and wanting to learn more... then, set them loose to find out! Break the Cubs into small groups to begin their quest. They can search the Internet, interview club members, etc. to find the answer to the questions on the reproducible page in this guide on page 17.

It is important for the parent club to be supportive of this effort and for members to be open to being interviewed and providing information. It is a great opportunity for the Cubs to not only learn about their parent Lions club, but also become comfortable with speaking to adults and making a presentation.

Our Lions Club, Part 2

Age Group: Age 4-12

Materials:
Paper
Pens
Computer
Internet access
Scrapbooking supplies
Poster board

Time Needed: Two, 20-30 minute sessions



Supervision: One adult to present the project; others as needed to help facilitate

After their information gathering is complete, have the Cubs put together a mini-presentation about the club. Ideas for their presentation include:

- Article
- PowerPoint
- Poster
- Scrapbook

Once their presentation is complete, schedule a time when the groups can share their work with the parent club.

How Do Lions Help People?

Age Group: All

Materials:

DVD
DVD player

Time Needed: 30 minutes

Supervision: One adult to explain activity and facilitate discussion

Obtain an audio-visual presentation from the Public Relations Department at Lions Clubs International that shows Lions in action, such as “LQ – Lions Quarterly Video Magazine.” Present it to your Cubs.

Afterwards, ask the Cubs the following questions about what they learned:

- Did you learn something new from this program?
- What do Lions do to help people?
- How does helping people make Lions feel?
- How do you feel about Lions?
- Do you think they make a difference in the world?
- How do you feel being part of Lions by being a Cub?

Just For Fun

This section has a collection of craft projects that will be fun for your Cubs.

Age group: All

Materials:

See individual projects

Time Needed: 15-25 minutes per project

Supervision: Two or three adults to help kids as needed

We Serve Key Chain

Materials:

Plastic cording
Scissors
Metal key rings
Plastic beads
Plastic letter beads

Instructions: Give each Cub a 12” length of plastic cording. Have them choose beads that read “We Serve,” plus additional beads for decoration. After they string the beads, help them tie the ends and attach to a key ring.

Proud to be a Cub Frame

Materials:

Unfinished wood frames
Paint pens
Embellishments such as stick-on foam pieces, stickers, glitter glue, beads, buttons, etc.

Instructions: The Cubs can decorate the frame with paint and embellishments. Use paint pens to spell “Proud to be a Cub” at the top of the frame. Use it to display a photo of your Cub friends!

Collage

Materials:

9 X 12 piece of poster board for each participant
Scissors for each participant
Selection of magazines
Pictures of the Cubs serving
Glue sticks
Stickers
Laminating film



Instructions: Have the Cubs look through magazines and choose images that represent him/her – things they like, how they feel, what they want to accomplish, etc. Consider including pictures from one of their service projects. After the Cubs are done decorating the board, have them laminated for him/her to hang up in his/her room.

Handprint Art

Materials:

Construction paper
Paint
Markers
Wet wipes
Paper towel or newspaper

Instructions: Have the kids dip their hands in paint and use their handprints to make a variety of art – animals, landscapes, seasonal pictures, etc.

Paper Bag Puppets

Materials:

Brown paper lunch bags
Crayons
Markers
Yarn
Googly eyes
Fabric scraps
Pompoms
Construction paper
Glue

Instructions: Glue items on the bag to create characters. Use markers or crayons for details.

Option: Have the Cubs put on a puppet show for each other.

Acrostic Poems

Materials:

Paper
Pens or pencils

Instructions: Choose a word and have the Cubs write it down the page lengthwise. Have them create a poem by using the letters written down the side of the page as the first letter of a word that describes the word written on the page. Some ideas for words include:

- Lions Clubs
- Volunteering
- Helping Others
- Friendship
- Cubs

Example:

Caring
Unbelievable
Best
Service

Stamp Crafts

Materials:

Cancelled stamps
Glue
Notebook
Clipboard
Empty juice can
Cereal box

Instructions: Have Cubs and Lions club members collect cancelled stamps. Use the stamps to cover objects for use on a desk – an empty juice can becomes a pencil holder, and a cereal box cut on an angle can be used as a magazine holder.

Service Mobile

Materials:

Wire hanger
Yarn
Poster board or card stock
Magazines
Markers
Glue stick
Scissors
Hole punch

Instructions: Have Cubs search through magazines for pictures of people helping others and pictures from previous service activities. Cut pictures out and glue to poster board or card stock. On the other side, write “caring” words, such as:

- Caring
- Giving
- Volunteer
- Helping
- Reaching Out
- Cubs

Punch holes in the tops of the pictures and hang from the wire hanger using various lengths of yarn. Make a title for the mobile, such as “(child’s first name) Cares” or “(child’s first name) is Proud to be a Cub,” and affix to the triangular portion of the hanger.

There are many more craft resources online or in craft books at your local library.

Participating in Lions Club Activities

In addition to planning and conducting their own activities, Cubs will participate with their parent Lions club in various activities.

Since the parent Lions club is family-friendly, their service activities should already be accommodating for children. However, there are some important considerations to properly involve Cubs in service activities and fundraisers.

Consider the following:

- When assigning tasks, keep in mind a child’s age and maturity level to handle the responsibility.



- Be sure they are properly supervised at all times.
- Explain the activity and why you are doing it.
- Praise them for a job well done.

Service Activities

Helping those in need is at the very heart of what Lions clubs are all about. Getting out into the community and working hands-on to help out is very exciting and fulfilling for kids.

The best way to successfully include Cubs in your service initiatives is to give them something to do! Do not simply have them there as observers. They will become bored and possibly disruptive. Have the Cubs rotate jobs so they keep active and interested and be realistic about how much time young children can spend on a service activity. Perhaps the activity can be organized in shifts so that families do not have to be there the entire time.

The youngest children will need activities to keep them busy, but Cubs over the age of two should be able to take part in the event. Cubs can help in a variety of ways including:

- Greeting
- Registration
- Carrying items from one place to another
- Yard work
- Cooking
- Serving meals or refreshments
- Leading people from one place to another
- Setting a table
- Collecting trash
- Walking dogs
- Sweeping
- Keeping recipients children occupied during activity
- Handing out materials



Fundraising

Lions clubs need to hold fundraisers in order to raise money for their charitable deeds. Cubs can participate in fundraising activities in almost the same way as they are included in service projects.

Be sure to keep the following in mind:

- Keep the Cubs busy. If they don't have anything to do, they will become bored and possibly disruptive. Make sure the youngest Cubs are properly supervised.
- Explain why you are raising the money.
- Engage the Cubs in the following fundraising activities:
 - o Taking tickets
 - o Making simple money transactions (with supervision)
 - o Selling raffle tickets
 - o Serving refreshments
 - o Setting up
 - o Cleaning up
 - o Hanging up promotional materials
- Be realistic about the amount of time a Cub can be at the event. Consider having families help in shifts.
- Have Cubs rotate their responsibilities to keep them engaged and active.
- After the event, make sure they know how successful it was!

Banquets and Awards Ceremonies

Cubs will appreciate being recognized for their efforts just like Lions do! When planning year-end awards ceremonies and banquets, remember to include your youngest volunteers. A reproducible participation certificate is included in this guide. Your group may decide to give other recognitions as well. When Cubs "graduate" from the program, an appropriate ceremony to honor their time as a Cub would be very special for them.

Resources

The following pages have helpful resources for use with your Cub activities. Included are reproducible forms, puzzles, coloring sheets and certificates. These activities are also available for download and print on the LCI Web site under the code MPFM-34.

For More Information

For more information and guidance regarding the Family Cub Program, contact:

Membership Programs and New Clubs Marketing Department
Lions Clubs International
300 W. 22nd Street
Oak Brook, IL 60067-8842 USA
Phone: (630) 571-5466, ext. 6727
E-mail: memberprog@lionsclubs.org
Web site: www.lionsclubs.org



Learning About My Lions Club

Name of club: _____

When the club was founded: _____

Club president's name: _____

How many members in the club: _____

Person who has been a club member the longest: _____

Newest club member: _____

What types of activities does the club conduct? _____

Name of Lion being interviewed: _____

How long he/she has been a Lion: _____

What he/she likes best about being a Lion: _____

Favorite project/fondest memory of being a Lion: _____

SAMPLE Permission Form

Please have your local council review and amend this sample form as necessary. Use the form any time a Cub participates in an activity outside the club meeting when his/her parent is not present.

PARENT/GUARDIAN ACTIVITY / FIELD TRIP PERMISSION FORM

_____ LIONS CLUB

I hereby give my consent for Cub _____

to participate in _____

EMERGENCY INFORMATION

Home Phone

Cell Phone

Work Phone

Pager/Beeper

Name of Health Insurance Carrier

Family Physician

Policy Number

Physician's Phone Number

List medication that **MUST ACCOMPANY THE CHILD** and information you wish to share (i.e. allergies, medication, medical conditions).

AUTHORIZATION AND RELEASE FOR MEDICAL CARE

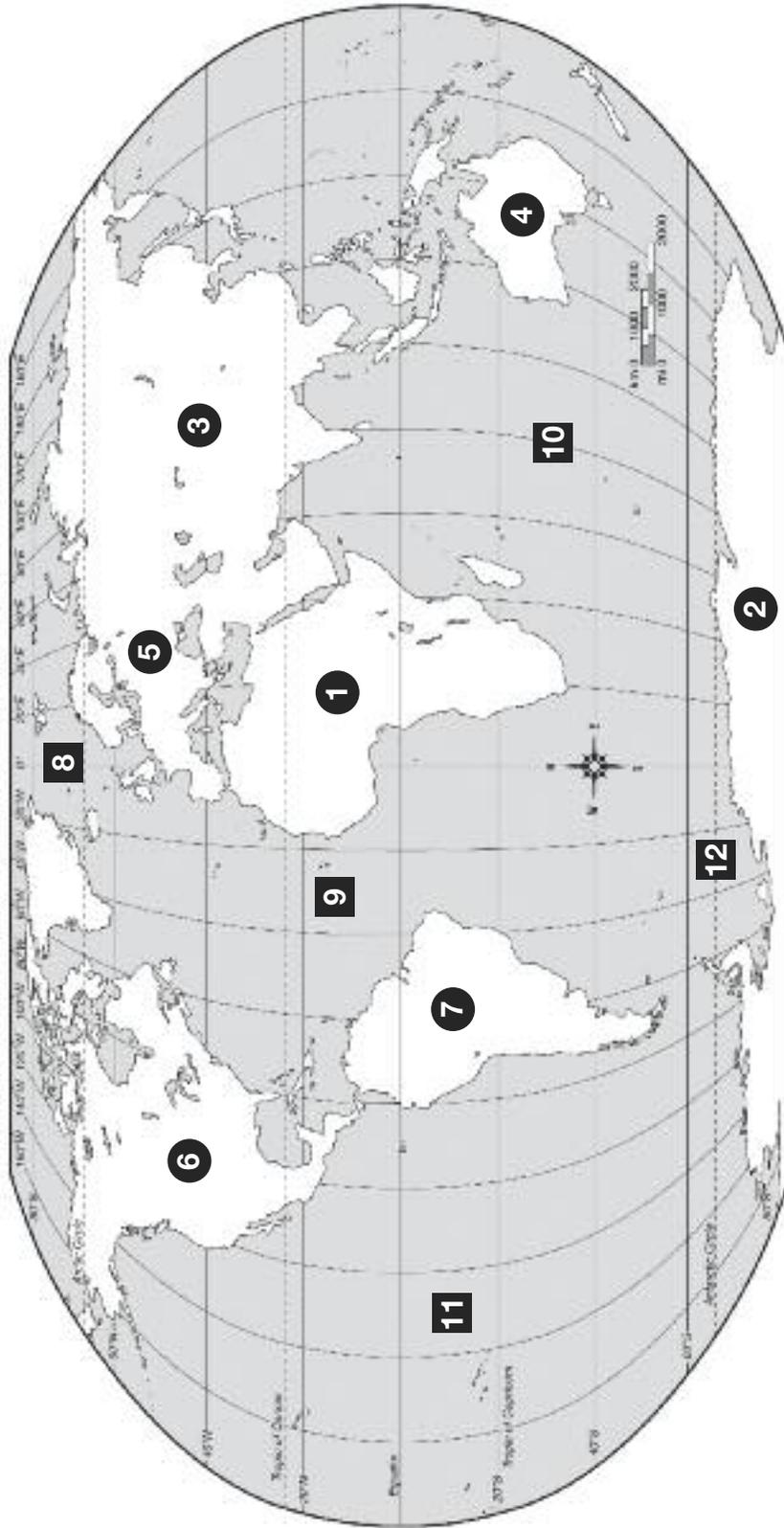
I authorize the _____ Lions club, its members and other chaperones, to authorize necessary medical attention for my child resulting from injury, illness or accident requiring medical care while I am not in attendance. I release the _____ Lions club and such person(s) from any liability for any accident or illness that may occur, or the selection in securing of a medical provider.

Parent or Legal Guardian Signature

Date

Continents and Oceans of the World

Lions Clubs International is the largest service organization in the world. Over 1.3 million Lions in 45,000 clubs and over 200 countries are busy serving their communities.



The 7 Continents are:

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____

The 5 Oceans are:

- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____

Answers on page 30.

Cub Word Search

R	E	L	S	P	P	T	E	L	S	P	E	S
N	O	S	D	L	R	O	W	S	M	I	F	E
R	E	L	L	E	K	N	E	L	E	H	O	S
G	S	E	I	H	E	N	S	L	L	S	U	S
I	I	I	Y	O	D	N	E	W	V	R	N	A
E	A	V	G	N	N	V	R	R	I	E	D	L
O	I	C	I	H	V	S	V	S	N	D	A	G
V	O	L	U	N	T	E	E	R	J	A	T	E
I	B	H	E	B	G	F	P	I	O	E	I	Y
C	O	N	V	E	N	T	I	O	N	L	O	E
L	A	N	O	I	T	A	N	R	E	T	N	I
V	N	H	F	R	I	E	N	D	S	H	I	P
L	F	M	C	O	M	M	U	N	I	T	Y	I
G	N	I	N	R	A	E	L	I	A	O	A	T



Answers on page 30.

MELVIN JONES	INTERNATIONAL
LIONS	LEARNING
HELEN KELLER	FRIENDSHIP
BLINDNESS	LEO
HELP	CONVENTION
SIGHTFIRST	FOUNDATION
WE SERVE	EYEGLASSES
VOLUNTEER	COMMUNITY
GIVING	CUB
LEADERSHIP	WORLD

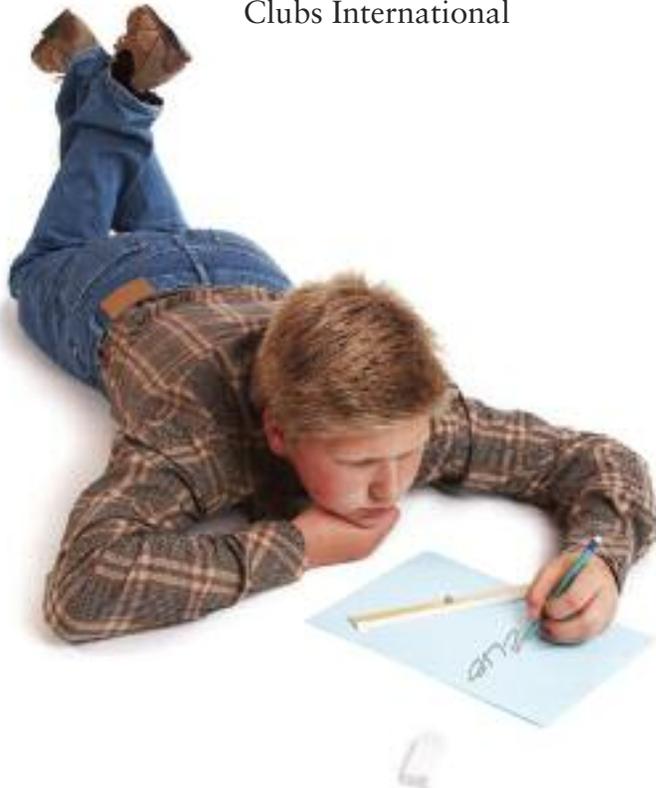
Cub Crossword Puzzle Clues

Down

1. One of the benefits of being a Lion; something you share with others
3. An important skill learned through being a Lion
4. Animal that helps blind people (2 words)
5. Club with young men and women who serve their communities
6. A way to earn money for service projects
8. The best way complete a project together
9. Founder of Lions Clubs International (2 words)
11. The part of the association that grants money for large scale projects
13. Woman who inspired Lions to help the blind (2 words)
14. Contest sponsored by Lions clubs in schools and youth groups to promote the arts (2 words)
17. Person who gives their time to help others
19. The youngest Lion helpers
20. City where Lions Clubs International was founded
24. The other official color of Lions Clubs International

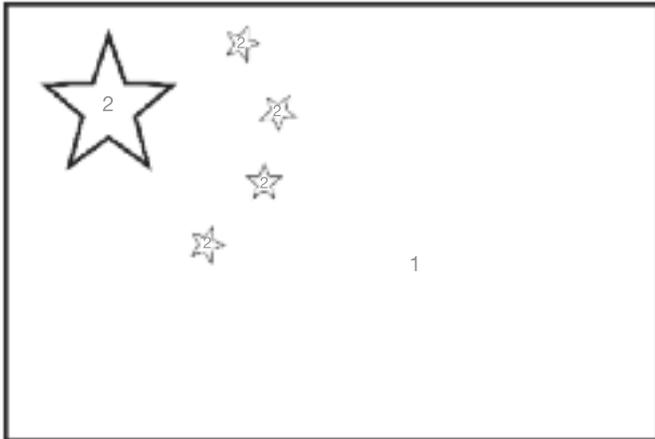
Across

2. People who cannot see
7. Place where Lions serve
10. Eleven are supported by Lions Clubs International and more spoken by Lions throughout the world
12. Lions Clubs International's motto (2 words)
15. One of the official colors of Lions Clubs International
16. Giving your time or resources to help others
18. A seal or symbol of an organization
19. A gathering of Lions from around the world
21. A group of Lions who work together
22. Lions Clubs International Foundation's major blindness prevention program
23. A device recycled by Lions that helps you to see
25. The sound a Lion makes
26. Men and women who belong to Lions Clubs International

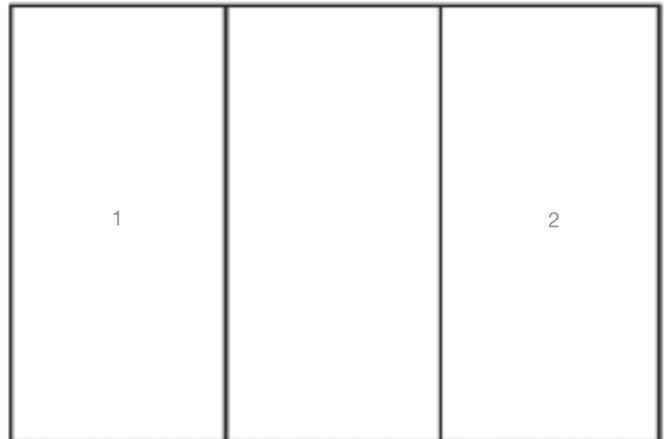


World Flags Coloring Page

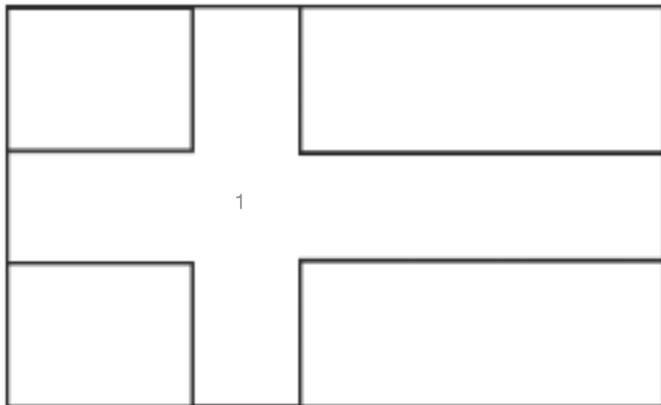
CHINA 1-Red 2-Yellow



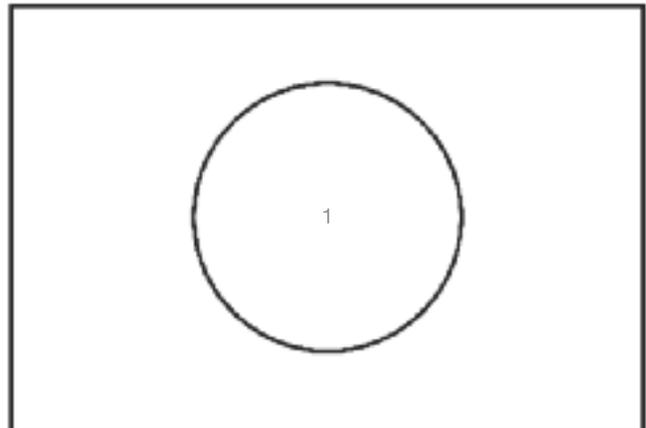
ITALY 1-Green 2-Red Unmarked White



FINLAND 1-Dark Blue Unmarked White



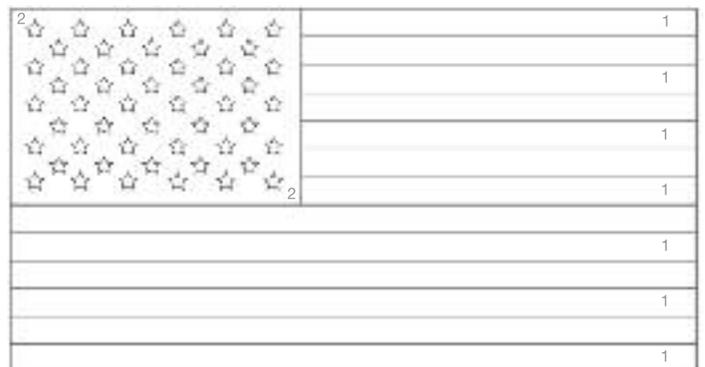
JAPAN 1-Red Unmarked White



GERMANY 1-Black 2-Red 3-Yellow



USA 1-Red 2-Blue Unmarked White



Helen Keller Word Scramble

Directions: Underline the words in the story as you find them, unscramble them and write them on the lines below.

Helen Keller at the age of 19 months was a happy, healthy child. She was already saying a few words. Then she had a high fever which caused her to become deaf and blind. No longer could she see nor hear. She would feel of people's hands to try to find out what they were doing. She learned to do many things this way. She could recognize people by feeling of their faces or their clothes. She made up signs with her hands so she could "talk" to her family. Helen was a very bright child. She became very frustrated because she couldn't talk. She became very angry and began to throw temper tantrums . The family knew they had to do something to help her. They found a teacher named Anne Sullivan. She taught Helen the signs for the letters of the alphabet. Then she would "spell" the words in Helen's hand to communicate with her. One day she learned what the word "water" meant as water was pouring over her hand. This was the key which unlocked the world for her. Anne taught her for years. Helen learned to read Braille . When she went to college, her teacher Anne went with her and tapped out the words of the instructors into her student's hand. She became famous and traveled around the world speaking to groups of people. Helen Keller was successful because of her determination and her good teacher Anne Sullivan.

1. eoizngrce _____
2. mnttaurs _____
3. edfa _____
4. leeoglc _____
5. efel _____
6. aSlinvlu _____
7. nbdil _____
8. igsns _____
9. ahreetc _____
10. adhn _____
11. ausfom _____
12. cufesuscls _____
13. laahetpb _____
14. ilBerla _____
15. ticncaeommu _____
16. pelsl _____
17. IneHe _____
18. etdrtenimiano _____



Answers on page 30.

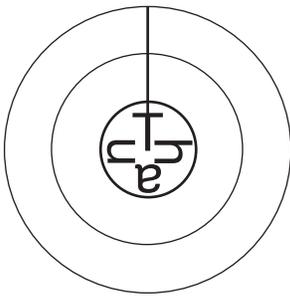
Mandala

Before starting Mandala, take a few moments for the Cubs to choose the words and design they are creating (samples on next page). Create words inside the dashed lines or designate a color when adding words inside of the “L” for an added challenge.

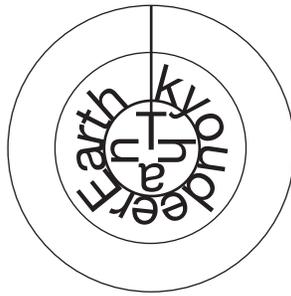
1. Start from the smallest, center-most inner circle, forming your first letter right on top of the line. (A)
2. Write in a clockwise direction. (If your language reads from right to left, write counter clockwise).
3. When you have filled in one circle, move to the next circle up, always starting right on the line. (B)
4. Continue writing until all the circles have been filled. When you write in the outermost circle, take care that the last word completely fits in the circle. (C)

You are free to choose the writing instruments, colors, style of writing, designs and positive words you like. You can also combine various languages.

Examples of positive words: Bringing Communities Together, Peace, Love, Joy, Go Green, Give to Others, Service, I am Thankful for..., We Serve, Knights of the Blind, etc.



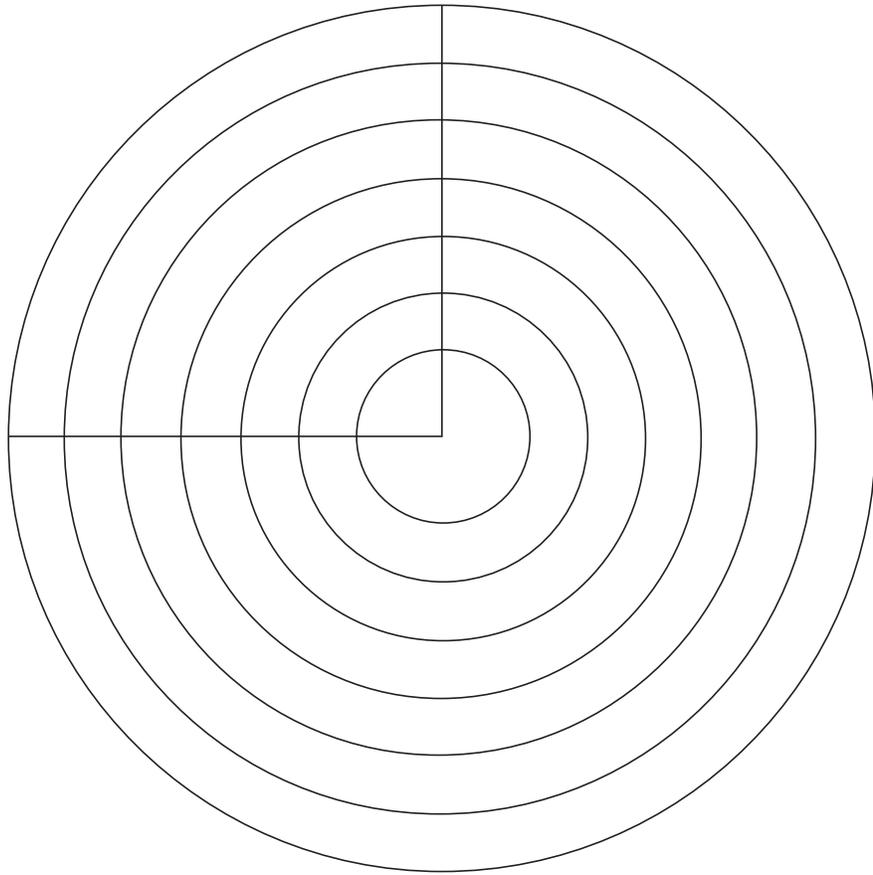
(A)



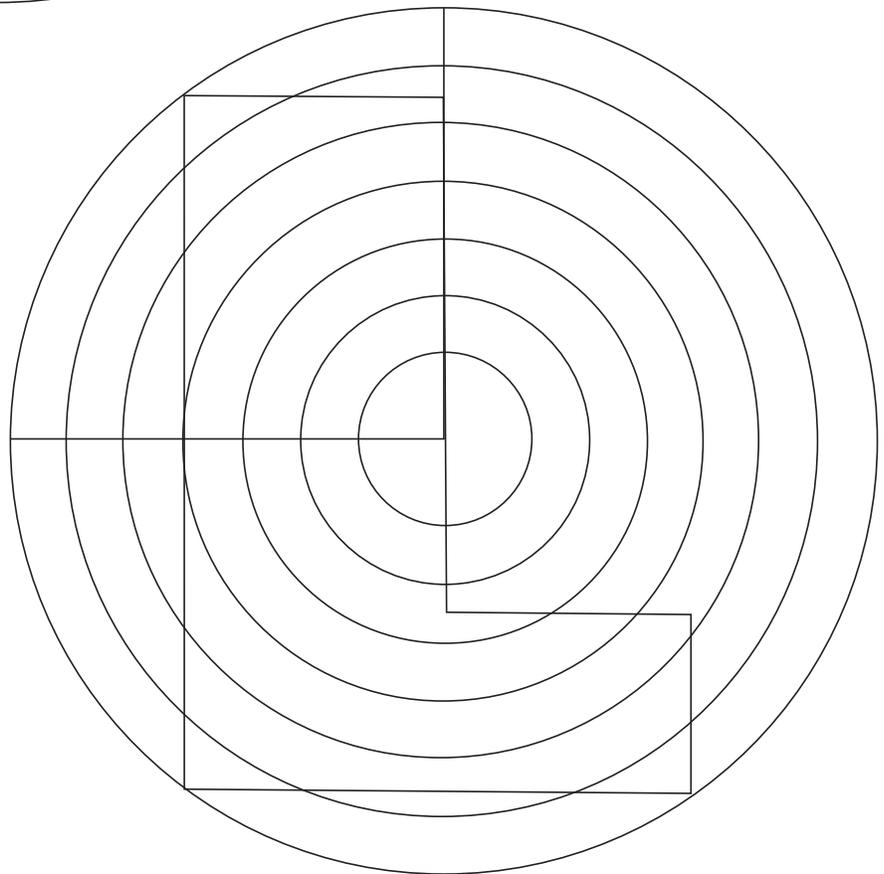
(B)



(C)



Mandala



Mandala Challenge

Lion Dot to Dot Coloring Page



LCI Logo

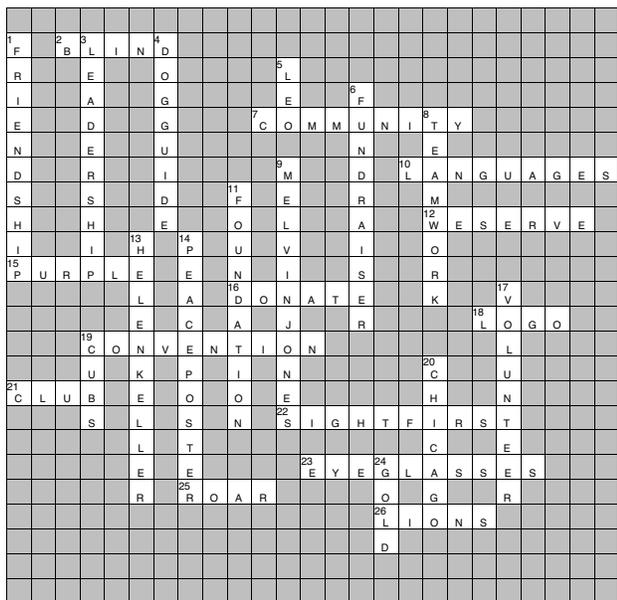
Mission Statement

To empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs.

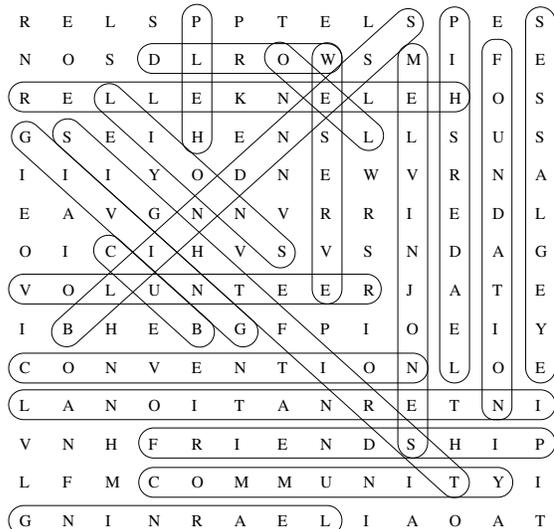


Answers

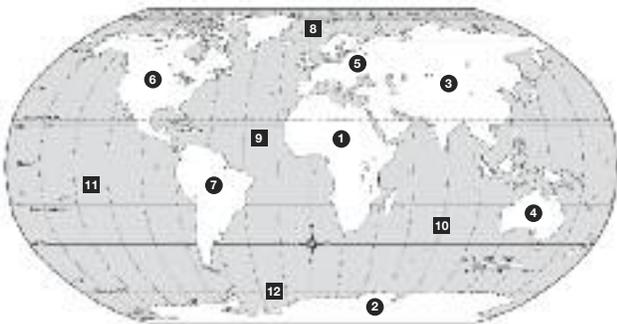
Cub Crossword Puzzle



Cub Word Search



Continents and Oceans of the World



- 1 AFRICA
- 2 ANTARTICA
- 3 ASIA
- 4 AUSTRALIA
- 5 EUROPE
- 6 NORTH AMERICA
- 7 SOUTH AMERICA
- 8 ARCTIC
- 9 ATLANTIC
- 10 INDIAN
- 11 PACIFIC
- 12 ANTARTIC

Helen Keller Word Scramble

- 1 recognize
- 2 tantrums
- 3 deaf
- 4 college
- 5 feel
- 6 Sullivan
- 7 blind
- 8 signs
- 9 teacher
- 10 hand
- 11 famous
- 12 successful
- 13 alphabet
- 14 Braille
- 15 communicate
- 16 spell
- 17 Helen
- 18 determination

Certificate of Participation



This certificate is presented to Lion Cub

by

In recognition and gratitude for outstanding service.

Presented this

day of

Secretary

President





Membership Programs
and New Clubs Marketing Department
Lions Clubs International
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